



KCCU AWARDED \$10,000 EMPOWERING YOUR COMMUNITY GRANT IN SUPPORT OF LOVING SPOONFUL.

(May 13th, 2022- Kingston, Ontario)


For immediate release – Wyth Financial announced Kingston Community Credit Union as one of the recipients of their 2022 Empowering Your Community grants. Winning a \$10,000 grant allows KCCU to partner with Kingston’s Loving Spoonful and the urban Indigenous community in Kingston area, including the Kingston Indigenous Language Nest (KILN) and the Indigenous Diabetes Health Circle Eastern Region (IDHC) to support the Indigenous Food Sovereignty (IFS) Garden.

Since 2011, Wyth has partnered with credit unions to support initiatives that build better communities. Wyth Financial’s Empowering Your Community Program granted a total of \$100,000 this year to causes that empower youth, promote Indigenous knowledge and well-being, strengthen local food systems, fight climate change, reduce barriers to access and participation and make the world a better place. 16 awards were presented: 4 each valued at \$10,000 and 12 each valued at \$5,000.

The grant funds will go directly to support the Indigenous Food Sovereignty (IFS) Garden situated in Katarokwi (greater Kingston area). Funds will help provide trees, vegetable seedlings, traditional medicines such as white sage and cedar, an irrigation system and solar water pump. The award also supports Indigenous youth who will maintain the garden, support land-based language learning programs offered by KILN at the IFS Garden, and distribute garden produce throughout the Indigenous community.

The second component of this project is the creation and distribution of 100 Home Garden Kits to members of the Indigenous community who are unable to participate in the IFS Garden due to accessibility challenges. This is an adaptation of Loving Spoonful’s existing “Small Space Garden Kits”. Kingston Community Credit Union has directly contributed to this project by offering financial support to help with the cost of materials for the kits: planters, soil, seeds, and seedlings purchased from Kenhte:ke Seed Sanctuary, and printing of instruction booklets and volunteer support for distribution.

About Kingston Community Credit Union: A member-owned, democratically operated financial co-operative open to those who work or reside in the greater Kingston area, KCCU strongly believes in building co-operative relationships with their members and community. For over 60 years, KCCU has made a positive impact on our local community with charitable giving, volunteerism, and financial education. They have a proud tradition of co-operative business ethics and continue to demonstrate their values: Co-operation, Integrity, Community, Sharing, Financial Strength, Education, and Respect for All. As part of the credit union philosophy of People Helping People, KCCU is committed to building, strengthening, and enhancing the lives of those in our community

To find out more about KCCU visit us at www.kccu.ca or   

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